

LABYRINTH DEDICATION IDEAS:

Dedication #1: Activating/Dedicating The Energy Of A Walking Labyrinth

1. Have participants enter the labyrinth and gather at or near the center.
2. Lead them in the following visualization:

Everyone close their eyes and imagine a globe that pinpoints the location of every labyrinth in existence all over the world. Acknowledge that each of these labyrinths possesses an abundance of energy to effect healing and growth on all levels of existence. Now imagine that this abundant energy is being freely offered by each of these labyrinths to this labyrinth in the form of beautiful rainbows of energy coming to the center of this labyrinth and going into Mother Earth and expanding out within this labyrinth and penetrating beyond the confines of this labyrinth. Intend that the rainbow of colored energies fully activates the healing and growth potential of this labyrinth for all those who will walk it from this point forward. Then, imagine that you are sharing some of this rainbow of activated labyrinth energy by sending it back to all of the labyrinths around the world, further activating their ability to facilitate healing and growth among their walkers.

3. Acknowledge that this labyrinth is now activated.

Dedication #2

1. Have participants enter the labyrinth and gather at or near the center.
2. The group leader reads aloud the following:

*Who Is A Labyrinth For?

- Anyone seeking the wisdom of the earth, the sky and the human heart.
- People who draw energy from the elements of the earth--may it be an opening to life.
- Those who dance with the Goddess--may Her presence be felt.
- People who love to meditate in natural surroundings--may it provide quiet in this busy world.
- Those who seek to experience Christ more closely--walk in his footsteps.
- Children who anticipate the adventure of a path winding inward--may they rejoice as they explore.
- People who follow Eastern traditions--may it lead to wisdom, compassion and peace.
- Those who would have nothing to do with a labyrinth--may it remind everyone that there are numerous spiritual paths.

There are as many reasons for walking the labyrinth as there are people, world views or spiritual traditions. The labyrinth is here to keep the spiritual dialogue open; to be a reminder that there are a number of paths to the sacred.

3. After the reading of this is finished, have participants continue their walk at their own pace.